

**ME MŌHIO I MUA I TE HAERE**  
KNOW BEFORE YOU GO

# Te TIKANGA Noho Haumaruru i te Wai

THE WATER SAFETY CODE

**I mua i te uru ki te wai me whai mōhio ki Te Tikanga Noho Haumaruru i te Wai o Aotearoa.**

Before you enter the water get familiar with New Zealand's Water Safety Code.

**Ētahi ture māmā e 4 e noho haumaruru ai koe:**

4 simple rules to help you stay safe :

**1 Kia noho takatū**  
Me ako ki te kauhoe kia ora ai koe. Whakamahia ngā utauta haumaruru, tika hoki. Me mōhio ki ngā āhuatanga o te huarere me te wai i mua i tō urunga atu.

**Be prepared**

Learn to swim and survive. Use safe and correct equipment. Know the weather and water conditions before you get in.

**2 Me noho matakana ki a koe anō me ērā atu**

Tiroirohia tonutia ngā tamariki e pātata ana ki te wai. Me kaukau i te taha o ētahi atu, i ngā wāhi hoki kei reira ngā pouora.

**Watch out for yourself and others**

Always watch children around water. Swim with others and in lifeguard zones.

**3 Kia mataara ki ngā pūmate**  
Me kuhu tonu mā ō waewae i te tuatahi me te aro ki nga pānui me ngā whakatūpatotanga. KAUA RAWA E INU WAIPIRO ka kaukau ana.

**Be aware of the dangers**

Enter water feet first and obey all safety signs and warnings. Do not drink alcohol and swim.

**4 Me mōhio ki ō ngoikoretanga**  
Akona ngā tikanga haumaruru o te whakaora i ētahi atu me te ārai i te mōrearea ki a koe.

**Know your limits**

Learn safe ways of rescuing others without putting yourself in danger.

**Kei te wātea anō:**

ALSO AVAILABLE

**Te TIKANGA Noho Haumaruru i te Poti**  
THE BOATING SAFETY CODE

**Te TIKANGA Noho Haumaruru i Waho**  
THE OUTDOOR SAFETY CODE

