



ME MŌHIO I MUA I TE HAERE

Te TIKANGA Noho Haumaruru i te Wai

I mua i te uru ki te wai me whai mōhio ki Te Tikanga Noho Haumaruru i te Wai o Aotearoa.

Ētahi ture māmā e 4 e noho haumaruru ai koe:

- 1 Kia noho takatū**
Me ako ki te kauhoe me te noho ora, ka whakatakoto ture me pēhea te tākaro haumaruru i rō wai. Whakamahia tonutia ngā utauta haumaruru, tika hoki, ka whai mōhio ki ngā āhuatanga o te huarere me te wai i mua i tō urunga atu.
- 2 Me noho matakana ki a koe anō me ērā atu**
Me āta aro tonu ki ngā tamariki kei roto i te wai, kei pātata rānei, e manaakitia ana rānei e koe. Me kaukau i te taha o ētahi atu, i ngā wāhi hoki kei reira ngā pouora.
- 3 Kia mataara ki ngā pūmate**
Me uru atu ki te wai pāpaku, ki te wai tē mōhiotia mā ō waewae i te tuatahi, ka tautuku ki ngā pānui haumaruru me ngā haki whakatūpato katoa. Kaua e uru atu ki te wai i muri i te inu waipiro.
- 4 Me mōhio ki ō ngoikoretanga**
Me whakamātau tonu koe i a koe anō ki ō kaha me tō mōhio. Akona ngā tikanga haumaruru o te whakaora i ētahi atu me te ārai i te mōrearea ki a koe.

Kei te wātea anō:

Te TIKANGA Noho Haumaruru i te Poti

Te TIKANGA Noho Haumaruru i Waho

