

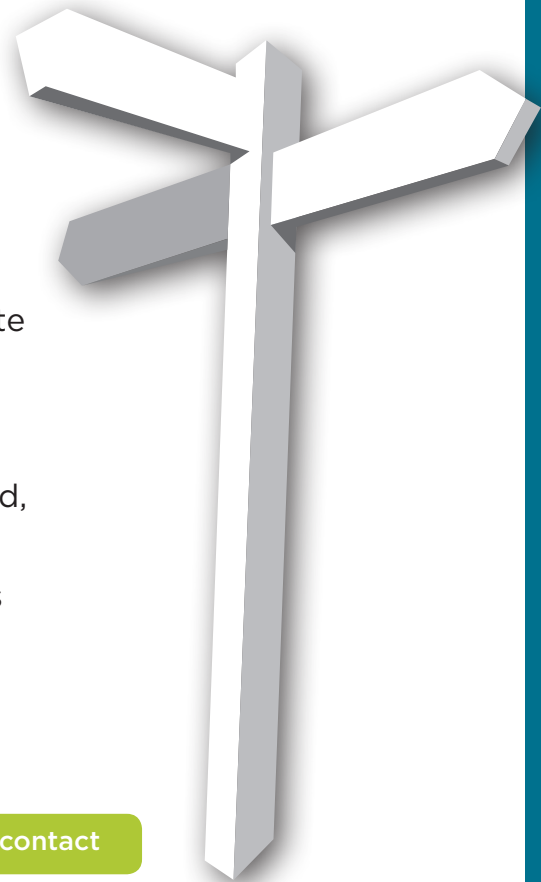
TELL SOMEONE YOUR PLANS

IT MAY SAVE YOUR LIFE

Safety is your responsibility so make sure you complete your "Outdoor Intentions Form" **before** commencing your land-based recreational activity.

There are 4 simple ways you can complete the form. If you have not returned by the date and time specified, your trusted contact should raise the alarm.

Visit www.adventuresmart.org.nz and use the options best suited to you.



HARD COPY FORM

Download ⇒ Complete ⇒ Leave with trusted contact



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